



WEST VALLEY REGIONAL FIRE TRAINING



TRAINING PLAN

Subject		
<h3>Rope Rescue (3)</h3>		
Instructors		
<u>A</u>	<u>B</u>	<u>C</u>
Logistics		
<u>Time Required</u> 2 hrs (2 Companies per drill)	<u>Equipment Needed</u> Hardware / Software Life Safety & Utility Rope Stokes Litter Rescue Manikin	

DESCRIPTION

Objectives:

1. Review the Rope Rescue inventory available on the apparatus
2. Review basic knots, anchors and rope rescue systems
3. Review the necessary safety precautions for performing Low Angle & Rope Rescue

Description / Outline:

1. Review the Rope Rescue inventory available on the apparatus
2. Review the basic knots, anchors, and systems:

KNOTS

- Figure 8
- Figure 8 on a Bight
- Figure 8 Follow Through
- Overhand Bend (Water Knot)

ANCHORS

- Girth Hitch (Lark's Foot)
- Locking Girth Hitch
- Basket Sling (3 Bight)
- Wrap-3-Pull-2
- Self-Adjusting Anchor

SYSTEMS

- Safety Line (Simple Brake)
- RPM
- 2:1 MA (Ladder Rig)
- 3:1 MA (Z Rig or Pig)

3. Review the procedure/options for packaging a patient (ambulatory vs. non-ambulatory)
4. Perform a dynamic evolution to include each of the following skills:
 - Lower Rescuer(s) to Rescue Manikin & Ambulatory Patient
 - Package Ambulatory patient & perform a Low Angle Walkout
 - Package non-ambulatory patient in Stokes Litter
 - Raise or lower Rescuer(s) and Stokes using MA system
 - Lower Stokes using a Ladder Slide
 - Raise Stokes using a Moving Ladder Slide

Prepared By:	Date / Date Revised:
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